

Palliative Outreach Resource Team (PORT)

Information and referral form for Health Care Providers on southern Vancouver Island

PORT provides support to patients in Victoria with a life-limiting diagnosis who have complex needs due to mental health, substance use challenges, poverty, housing insecurity or other barriers to accessing palliative care services. PORT is a consulting and coordinating service consisting of a part-time Palliative Care physician, part-time nurse, full-time outreach worker, and part-time social worker with expertise in providing palliative care to these populations. This mobile team is located in Victoria only and is based out of Island Health's Palliative and End of Life Care Program.

Some important information about PORT:

- PORT is a consultation not a “take over” service. Patients remain with their primary care providers as their most responsible provider/physician (MRP).
- Our team helps coordinate and supports access to existing services.
- Facilitates ongoing engagement with health services by supporting both the client and the clinical teams across outpatient and inpatient settings.
- PORT team members make home visits, including to all types of housing or to patients who are unhoused at their chosen location (e.g. tent, car, shelter).
- Provides symptom management using a harm reduction and trauma-informed philosophy, including considerations for patients who may use illicit substances and/or have alcohol dependence. Patient safety is prioritized while recognizing the need to also provide excellent pain and symptom management for patients facing a life-limiting illness.
- PORT is not an emergency nor a “discharge team” service. The team is available weekdays during business hours. Patients should access the emergency room, 911 or Victoria Hospice as appropriate for urgent needs.

PORT works to ensure that palliative care is delivered in a collaborative fashion that builds on relationships between all involved care providers and the client. The degree of involvement will be determined by the patient, other health care providers and the PORT team with the goal of supporting patient comfort and dignity.

If you would like to discuss a possible referral to PORT, please contact the PORT nurse coordinator at 250-580-3759 or PORT@islandhealth.ca. If you would like to make a referral, please fill out the referral form that can be found on page 2.



PORT is a partnership between Victoria Cool Aid Society & Island Health, supported by the UVic Equity in Palliative Approaches to Care (ePAC) collaborative. For more on PORT and related activities visit www.equityinpalliativecare.com/port

Patient Information	
Name (Last, First):	
PHN or MRN:	Birthdate (dd/mm/yy):
Address/Current location:	
City:	Postal Code:
Phone #:	Alternative phone #:
Patient email:	
Primary Care Provider (if known):	

Palliative Outreach Resource Team (PORT)
 Fax completed form to 250-755-6237 or e-mail to
PORT@islandhealth.ca

For inquiries, call 250-580-3759 or e-mail
 PORT RN Coordinator at PORT@islandhealth.ca

Please note: PORT is not an emergency service and we will aim to get in touch with you within a week's time. If you do not hear from us within a week, please call 250-580-3759.

Referral date:	
Person making referral	
Name:	
Role:	Affiliation: (e.g. BCCA, Island Health)
Phone #: Fax #:	Email (optional):
Is patient or family aware of referral? •Yes •No	
If no, please explain:	
Current MOST: Uncertain <input type="checkbox"/> M1 <input type="checkbox"/> M2 <input type="checkbox"/> M3 <input type="checkbox"/> C0 <input type="checkbox"/> C1 <input type="checkbox"/> C2 <input type="checkbox"/>	
Patient's stated goals of care (in known):	
Reason for referral to PORT & Palliative Diagnoses:	
Any Additional Information (please attach any collateral information if not available on power chart):	

For PORT administrative use only:

Date first contact _____ Consent REDCAP _____

Date first service _____ Advice only _____